



“A CONVERSATION WITH PARENTS”

DATE: JANUARY 27, 2022 TIME: 6:30PM-7:30PM

Parents we would like to provide you the opportunity to have conversations on various topics pertaining to the education, health, and financial stability for you and your children while gaining information and access to community resources. This forum will be a safe space for you to be engaged and have conversations with other parents sharing experiences and life lessons.

Parent Learning Opportunity with Guest Presenter Ms. Valerie Brown sponsored by Delaware Department of Education

Jan. 27th 6:30-7:30pm “What Are They Thinking”- Lesson – Brain science and Adverse Childhood Experience (ACEs) Skills – Identifying emotions, stress management. Social Emotional Learning competencies– Self-Awareness, Self-Management

Feb. 24th 6:30-7:30pm “Be Accountable” - Lesson – Preparing for self-sufficiency Skills – Organization, self-discipline, and self-regulation. Social Emotional Learning competencies – Self-Management, Responsible Decision Making

March 24th 6:30-7:30pm “Possibilities and Solutions” - Lesson – Boundaries and consequences Skills – Problem solving, goal setting. Social Emotional Learning competencies – Responsible Decision Making

For more information on UWDE Services and this initiative please contact Mr. Ken Livingston at klivingston@uwde.org

To view this parent engagement session, please go to [Face Book @ United Way of Delaware](#)

Please attend sessions to be eligible to receive incentives

